

FEBRUARY 2025

90 Federal St. Greenfield MA 413.475.1555 Se habla Espanol www.communityaction.us/family-center

ALL PROGRAMS ARE FREE

We are a MA Family Center & MA Family Resource Center





MONDAY 9AM-6PM **TUESDAY** 9AM-6PM

WEDNESDAY 9AM_4PM

THURSDAY 9AM-6PM

FRIDAY 9AM-3 PM SATURDAY **9AM-12PM**



Nou envite w vin jwenn nou nan selebre Mwa Istwa Nwa lè w ap eksplore Bibliyotèk Playroom ak Center Boards pou dekouvri plis!

We invite you to join us in celebrating Black History Month by exploring the Playroom Library and Center Boards to discover more!

¡Te invitamos a unirte a nosotros para celebrar el Mes de la Historia Negra explorando la Biblioteca de la Sala de Juegos y los Pizarrones Centrales para descubrir más!



CLOSED

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Play & Learn 10 -11

MultiFamily DBT 4:30-6

Nurturing Fathers 6-8

Drop-In Support By appointment 9-12

5

Windows & Mirrors Playgroup 10-11

6

New Baby, New Feelings 10-11

Tea & Toddler Caregivers Club 11:30-12:30

Grandparents Raising Grandchildren 12-1

FC SATURDAY

Open Playroom 9:30-11:30

8

Play & Learn 10 -11

Parent Chat during Family Lunch 11:45-12:15

MultiFamily DBT 4:30-6

Nurturing Fathers 6-8

11

Drop-In Support By appointment 9-12

12

Windows & Mirrors Playgroup

13

New Baby, New Feelings 10-11

> Tea & Toddler Caregivers Club 11:30-12:30

CLOSED

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AGENCY CLOSED Play & Learn 10 -11

Youth Brunch & **Brainstorm** 10-11:30

Tween Space 2:00-4:30

Nurturing Fathers 6-8

Support By appointment 9-12

Drop-In

19

Windows & Mirrors Playgroup 10-11

Healthy Relationships: Bae Goals Youth Workshop 1-2:30

Pajama Party & Storytime

20

New Baby, New Feelings 10-11

> Tea & Toddler Caregivers Club 11:30-12:30

Grandparents Raising Grandchildren

21

FC SATURDAY

Open Playroom 9:30-11:30

22

17

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10

Play & Learn 10 -11

MultiFamily DBT 4:30-6

Nurturing Fathers 6-8

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Free Parent/ Caregiver Workshop

Virtual Advisory

26

Windows & Mirrors Playgroup 10-11

Communication Strategies Caregiver Workshop 10-11

27

New Baby, New Feelings 10-11

Tea & Toddler Caregivers Club 11:30-12:30

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Call to make an appointment for individual support.

DROP-IN SUPPORT HOURS

Monday 10-1 Tuesday 10-1 Thursday 10-1 Friday 10-1 Saturday 2nd & 4th 9:30-11:30

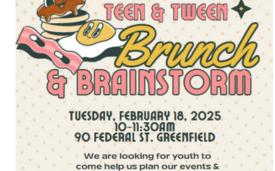


Engage in story time and a craft with our playgroup facilitators!

Every family that participates will get a book and craft. This is a literacy program for children up to 8 years old.



Playgroup No Registration Required Childcare provided



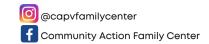
groups for YOU



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ONGOING PROGRAMMING

WHOLE FAMILY ACTIVITIES

FAMILY LUNCH - Join us every 2nd Tuesday for an interactive prepared meal and the opportunity to socialize with other Family Center families.

FAMILY PAJAMA PARTY - A night for the whole family! Story time literacy event for children ages 0-8 years old and their caregivers.

No registration required. Dinner provided. Every other month on the 3rd

Thursday 4:30-5:30

FC SATURDAYS - 2nd & 4th Saturday Drop in for individual family support or have fun in the Open Playroom.

STOP & PLAY - Reserve & enjoy exclusive access to the Family Center playroom. A time for caregivers, their child and up to 6 siblings or buddies to explore, play & read.

PLAYGROUPS

Weekly free Parent/Child playgroups from infancy through age 6.
Come play, practice skills, read stories, and make new friends!

** Snack Provided ** No pre-registration required.**

Play & Learn - Tuesdays 10-11AM NEW! Windows & Mirrors - Thursdays 10-11AM

SUPPORT GROUPS

Light Snacks & Childcare provided. Transportation support available

New Baby, New Feelings - Weekly Fridays 10-11AM Social/support group for moms with babies ages 0-16 months.

Tea & Toddler Club - Weekly Fridays 11:30-12:30PM
Weekly support group for parents & caregivers with toddlers age 16 mos-5yrs.

Grandparents Raising Grandchildren - 1st and 3rd Friday 12-1PM
Let us create connections that allow us to share the joy, challenges, and
uncertainties that come with being a grandparent.

Our Grandparents group meets in a casual, nonjudgmental space offering support to grandparents who are helping and/or raising grandchildren. Grandparents have the opportunity to meet other grandparents, develop a network of support, and receive information about services available.

EVIDENCE-BASED CAREGIVER EDUCATION

We offer a variety of parent & caregiver strength-based programs.

All programs are voluntary and free to enroll. Registration and intakes are required.

Waitlists are ongoing!

Active Parenting First Five Years Active Parenting of Teens Nurturing Fathers Parenting Journey I & II My Journey

Multi-Family DBT (Dialectical Behavior Therapy) Keeping Kids Safe

PARENT CHAT

Interested in helping Your input is important to us. Help shape our programs and services. Join us once a quarter for updates and to share thoughts, ideas and feedback around current programming, workshops and brainstorm other ways we can support families.



Over the course of 12 weeks we will help you to become more confident in your parenting style & learn tools to create your own parenting identity.

Parenting Journey, an evidence based curriculum is open to everyone. No matter where you are from, no matter what your background, you are welcome at Parenting Journey. We work with mothers, fathers, and caregivers from all walks of life who are raising children of all ages.

REGISTRATION & INTAKE REQUIRED
CALL TO ENROLL 413.475.1555

DIAPER DISTRIBUTION



In need of diapers?
We've got you covered once a month.

Free & Intake required.

Monday-Friday during our open hours.

COMMUNITY CLOSET



In need of clothes?
Shop in our free community closet.

Free & Intake required.

Call to schedule a shopping 413.475.1555

WANT TO KNOW MORE ABOUT YOUR CHILD'S DEVELOPMENT?

Use the online to learn more about how they are growing and learning!

















