

90 Federal St. Greenfield MA
413.475.1555 Se habla Espanol
www.communityaction.us/family-center

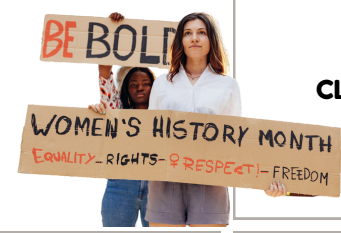
ALL PROGRAMS ARE FREE
We are a MA Family Center
& MA Family Resource Center



MONDAY 9AM-6PM **TUESDAY 9AM-6PM** **WEDNESDAY 9AM-4PM** **THURSDAY 9AM-6PM** **FRIDAY 9AM-3 PM** **SATURDAY 9AM-12PM**



We invite you to join us in celebrating Women's History Month by exploring the Playroom Library and Center Boards to discover more!



CLOSED

1

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Play & Learn 10 -11
Nurturing Fathers 6-8

Drop-In Support By appointment 9-12

Windows & Mirrors Playgroup 10-11

New Baby, New Feelings 10-11
Tea & Toddler Caregivers Club 11:30-12:30
Grandparents Raising Grandchildren 12-1

FC SATURDAY
Open Playroom 9:30-11:30

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Play & Learn 10 -11
Family Lunch 11:45-12:15
MultiFamily DBT 4:30-6
Nurturing Fathers 6-8

Drop-In Support By appointment 9-12

Windows & Mirrors Playgroup 10-11

New Baby, New Feelings 10-11
Tea & Toddler Caregivers Club 11:30-12:30

CLOSED

17

Play & Learn 10 -11
MultiFamily DBT 4:30-6
Nurturing Fathers 6-8

CENTER CLOSED for Staff Development

Windows & Mirrors Playgroup 10-11
Family Rhythm 4:30-6

New Baby, New Feelings "Talk To Me! Baby Sign" 10-11
Tea & Toddler Caregivers Club 11:30-12:30
Grandparents Raising Grandchildren 12-1

FC SATURDAY
Open Playroom 9:30-11:30

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Play & Learn 10 -11
MultiFamily DBT 4:30-6
Nurturing Fathers 6-8

Drop-In Support By appointment 9-12

Windows & Mirrors Playgroup 10-11
Parenting Journey 11-1
Conquering the Chaos Workshop 4:30-5:30

New Baby, New Feelings 10-11
Car Seat Safety Check and Q&A 10-11
Tea & Toddler Caregivers Club 11:30-12:30

CLOSED

Permit Study Group 4-6
31

Call to make an appointment for individual support.

DROP-IN SUPPORT HOURS
Monday 10-1
Tuesday 10-1
Thursday 10-1
Friday 10-1
Saturday 2nd & 4th 9:30-11:30

ONGOING PROGRAMMING

WHOLE FAMILY ACTIVITIES

FAMILY LUNCH - Join us every 2nd Tuesday for an interactive prepared meal and the opportunity to socialize with other Family Center families.

FAMILY PAJAMA PARTY - A night for the whole family! Story time literacy event for children ages 0-8 years old and their caregivers. No registration required. Dinner provided. Every other month on the 3rd Thursday 4:30-5:30

FC SATURDAYS - 2nd & 4th Saturday Drop in for individual family support or have fun in the Open Playroom.

STOP & PLAY - Reserve & enjoy exclusive access to the Family Center playroom. A time for caregivers, their child and up to 6 siblings or buddies to explore, play & read.

PLAYGROUPS

Weekly free Parent/Child playgroups from infancy through age 6. Come play, practice skills, read stories, and make new friends!
** Snack Provided ** No pre-registration required.**

Play & Learn - Tuesdays 10-11AM
NEW! Windows & Mirrors - Thursdays 10-11AM

SUPPORT GROUPS

Light Snacks & Childcare provided. Transportation support available

New Baby, New Feelings - Weekly Fridays 10-11AM
Social/support group for moms with babies ages 0-16 months.

Tea & Toddler Club - Weekly Fridays 11:30-12:30PM
Weekly support group for parents & caregivers with toddlers age 16 mos-5yrs.

Grandparents Raising Grandchildren - 1st and 3rd Friday 12-1PM
Let us create connections that allow us to share the joy, challenges, and uncertainties that come with being a grandparent.

Our Grandparents group meets in a casual, nonjudgmental space offering support to grandparents who are helping and/or raising grandchildren. Grandparents have the opportunity to meet other grandparents, develop a network of support, and receive information about services available.

EVIDENCE-BASED CAREGIVER EDUCATION

We offer a variety of parent & caregiver strength-based programs. All programs are voluntary and free to enroll. Registration and intakes are required. Waitlists are ongoing!

Active Parenting First Five Years ♦ Active Parenting of Teens ♦
Nurturing Fathers ♦ Parenting Journey I ♦ My Journey
Multi-Family DBT (Dialectical Behavior Therapy) ♦ Keeping Kids Safe

PARENT CHAT

Interested in helping Your input is important to us. Help shape our programs and services. Join us once a quarter for updates and to share thoughts, ideas and feedback around current programming, workshops and brainstorm other ways we can support families. **May 13 August 12 November 18 11:30am-12:15pm**


JOIN OUR FREE ADULT LEARNER'S PERMIT STUDY GROUP



LET'S STUDY TOGETHER!

Facing road blocks and want to take the Massachusetts Learner's Permit test? We're here to help! Join a free supportive group to prepare for your test, boost your confidence, and build your driving future. **Must be 21 or older - Franklin County Resident - & Must Apply**

SCAN TO APPLY & FOR MORE INFO



Virtual Parenting Journey

MARCH 27 2025

TUESDAYS 12-00PM - 2-00PM ON ZOOM

ENROLL TODAY!

Over the course of 12 weeks we will help you to become more confident in your parenting style & learn tools to create your own parenting identity.

Parenting Journey, an evidence based curriculum is open to everyone. No matter where you are from, no matter what your background, you are welcome at Parenting Journey. We work with mothers, fathers, and caregivers from all walks of life who are raising children of all ages.

DIAPER DISTRIBUTION



In need of diapers? We've got you covered once a month.

Free & Intake required.

Monday-Friday during our open hours.

COMMUNITY CLOSET




In need of clothes? Shop in our free community closet.

Looking to donate? We accept gently used clothing!

Call to schedule a visit to the closet
413.475.1555

WANT TO KNOW MORE ABOUT YOUR CHILD'S DEVELOPMENT?

Use the online  to learn more about how they are growing and learning!



SCAN ME 